

2022 NPC IRONMAN SCHEDULE AND INFO

***TRAINERS MUST EITHER BE CURRENT NPC MEMBERS (EVEN IF THEY ARE AN IFBB PRO) WITH AN ACTIVE PAID NPC CARD FOR THE CURRENT YEAR TO BE ALLOWED BACK STAGE.** This is in addition to purchasing a Trainers Pass and is not included in the cost of that pass. NPC cards MUST be purchased online through the NPCNEWSONLINE.com website. A link to join the NPC has been provided on the NPCIRONMAN.com page. Trainers passes must be purchased either online through the "TICKETING" section or can be purchased Friday evening at athlete check-ins or Saturday morning at the venue. If purchased at the venue all sales are CASH ONLY. The price is \$160 and includes Prejudging and night show reserved seating for trainers only. If a trainer chooses to only attend either the AM or PM events the price for the pass is still \$160.00.

GENERAL EVENT INFO:

DATE: September 10th, 2022.

LOCATION: Sarasota Opera House, 61 North Pineapple Ave, Sarasota, FL. 34236

HOST HOTEL: ART OVATION MARRIOTT 1255 N. Palm Ave. Sarasota, FL. 34236

You must use the link provided to book your hotel in order to receive the discounted rate. The hotel discount cutoff date is August 19th, 2022. After this date the discounted rate will no longer be available and room availability will no longer be guaranteed.

OVERFLOW HOST HOTEL: TO BE ANNOUNCED

TIME: Prejudging: Begins 9:00am – Doors Open 8:00am. Athlete access begins at 7am. No earlier due to venue restrictions.

Evening finals: Begins 5:00pm – Doors Open 4:00pm. Athletes cannot enter the venue before 4pm again, due to venue restrictions and policies relating to insured performance times.

PARKING: Parking is available in the parking garage next to Art Ovation Hotel on the same city block and is free for all registered athletes.

TICKETS: Tickets will go on sale later this year. No tickets will be sold at check-ins. ALL tickets will be sold online through the website until midnight Friday evening. Tickets and Trainer Passes can also be purchased Saturday morning for both Pre-judging and the Finals AT THE DOOR of the venue Saturday morning and are CASH ONLY.

THIS EVENT IS A NATIONAL QUALIFIER THAT QUALIFIES YOU THROUGH 2023!

Where And When Do I Register?

Athletes can register online on this website by clicking the "Register Now" link on the front page. You may also register for the show at check-ins on the Friday night prior to the event between 5PM and 7PM at the Host Hotel. Credit cards and cash will be accepted for registration. No Checks will be accepted. You are also required to obtain your 2022 NPC card. All competitors must be NPC members. NPC cards must be purchased online at NPCNEWSONLINE.com. You may also obtain your NPC Card by clicking the "JOIN THE NPC" link on this website.

When Are Check-ins?

Check-ins for your hotel room are different than athlete check-ins for the show. Check-ins for the hotel are start at 3pm/4pm on Friday. Athlete check-ins for the show start at 5pm at the same hotel in the conference room and are open from 5pm until 7pm on the Friday evening before the event. Check-ins are MANDATORY for the show. You must check-in for the show between 5-7pm Friday evening to be able to compete on Saturday.

What Do I Wear at Check-ins?

Bodybuilders, Classic Physique competitors and Bikini competitors are required to wear their suits at check-ins. It is a good idea for all competitors to wear the suit they will be competing in.

What About Tanning and Make-Up?

Tanning and make up will be available through Hot Spot Tanning. Tanning times are by appointment and can be scheduled via the link on the front page of the NPCIRONMAN.com website labeled "BOOK TANNING/MAKEUP". HOT SPOT will be set up to tan at the host hotel Friday evening. They will also be doing touchups Saturday morning very early (Typically 5-6am) at the hotel and starting at 7am at the venue. Please check directly with HOT SPOT to verify these times and any other times that they will be available.

What is The Show Schedule? When I will I Go On Stage?

The show schedule is posted below. Just scroll down. The exact time you will go on stage cannot be determined as we do not know how many competitors will be in your class or the classes before you at this time.

What About Music For My Routine?

You can upload your music on this website under the "register now" Tab. After you go through the registration process you will receive an email link to upload your music. You may also bring your music to check-ins the Friday evening before the event. If you do not have music then the DJ will select music for your routine.

What Awards Will Be Given?

EVERY COMPETITOR will receive an IRONMAN COMPETITOR SHIRT and a custom IRONMAN SHOW MEDAL

ALL classes will be awarded with sculptures through fifth place.

Open Class winners will receive custom OVOMOTO watches

Open Overall awards also include The Highly Coveted Custom IRONMAN Overall Rings.

Open Overall awards also include oversize swords.

Where Can I Purchase A Backstage/Trainer Pass?

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Are Kids Free?

Children five years old and under are free. Please note that if seating is sold out the child must sit on the parents lap.

JUST SOME REMINDERS....

- *The hotel and show venue are very close within a 1-2 minute walk.
- *Refer to the walking map for area info including the nearest food, Publix, ATM, etc.
- *Make sure you have your NPC card. You can get yours online at www.NPCNEWSONLINE.com.
- *Please be sure to bring an extra set of sheets with you to the hotel. The hotel will charge you \$150 for every item damaged by spray tan or otherwise.
- *Check with the tanning company to find out where tanning will be on Friday evening before the event. You can book your tanning and makeup by clicking "BOOK TANNING / MAKEUP" on the front page.
- *ALL Athletes must check in Friday evening between 5pm - 7pm at the hotel athlete check-in room or they will not be able to compete on Saturday.
- *There will be a mandatory competitor meeting at 8am on Saturday morning at the venue. ALL ATHLETES MUST attend this mandatory meeting in order to compete.
- *Athletes will be responsible for any color/spray tan left on any seating area in the Opera House. Please make sure you wear clothing that completely covers your body if you choose to sit in any seating at the venue.
- *It is your responsibility as a competitor to make sure you are ready to go on stage at the appropriate time. No one will come looking for you if you are not ready for your class.
- *Tickets for any portion of the event are non-refundable. This includes any and all entry fees for Athletes. The order of events is as follows. This order will also be posted around the backstage area of the venue the day of the event. THIS ORDER IS THE SAME FOR THE PREJUDGING AND FINALS:

SHOW SCHEDULE

Pre-Judging Schedule Is The Same As The Finals Schedule

MENS BODYBUILDING

MASTERS 60+, 50+, 40+, 35+

TEEN

TRUE NOVICE

NOVICE

OPEN BANTAM, LIGHT, MIDDLE, LIGHT HEAVY, HEAVY - **OVERALL**

CLASSIC PHYSIQUE

MASTERS 60+, 50+, 40+, 35+

TEEN

TRUE NOVICE

NOVICE

OPEN ABCD - **OVERALL**

FITNESS

TEEN

TRUE NOVICE

NOVICE

OPEN – ONE CLASS

WOMENS PHYSIQUE

TEEN

TRUE NOVICE

NOVICE

OPEN – ONE CLASS

WOMENS BODYBUILDING

TEEN

TRUE NOVICE

NOVICE

OPEN – ONE CLASS

WELLNESS

MASTERS 60+, 50+, 40+, 35+
TEEN
TRUE NOVICE
NOVICE
OPEN ABCD - **OVERALL**

FIGURE

MASTERS 60+, 50+, 40+, 35+
TEEN
TRUE NOVICE
NOVICE
OPEN ABCD – **OVERALL**

MENS PHYSIQUE

MASTERS 60+, 50+, 40+, 35+
TEEN
TRUE NOVICE
NOVICE
OPEN ABCD - **OVERALL**

BIKINI

MASTERS 60+, 50+, 40+, 35+
TEEN
TRUE NOVICE
NOVICE
OPEN ABCD - **OVERALL**